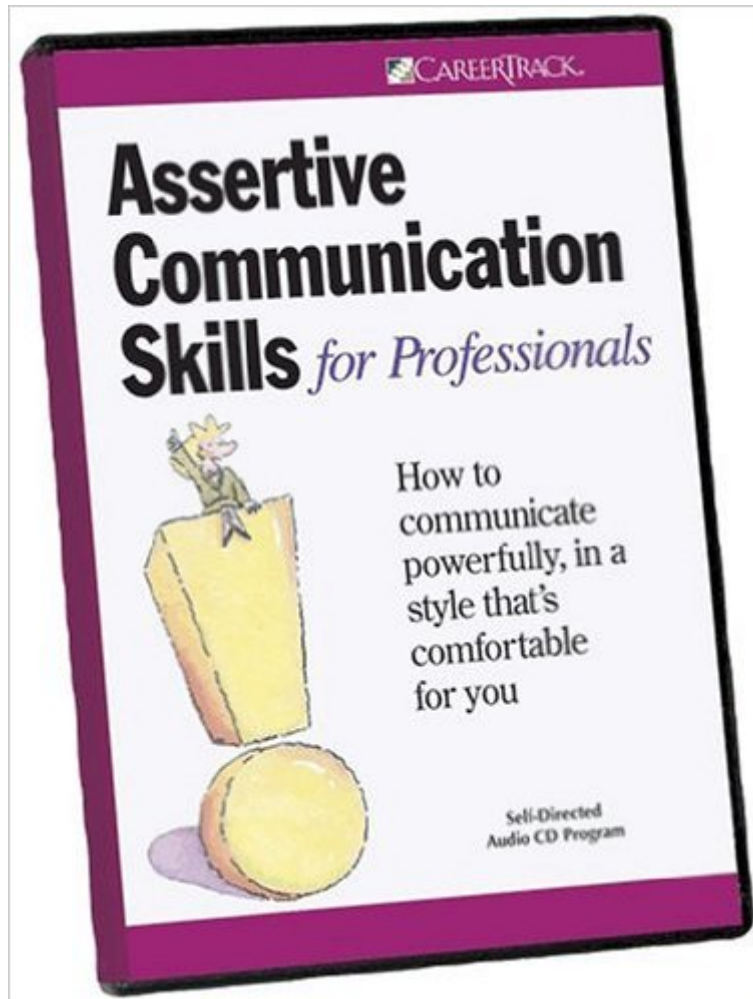


The book was found

Assertive Communication Skills For Professionals



Synopsis

Combine strength with sensitivity to get more of what you want. Ever notice the way assertive people can be honest and forthright -- and still respect the feelings of others? Their skills and style earn them respect and cooperation at every level. This program will show you how to handle your communication challenges with confidence, openness, and competence. Program Highlights: * A self-test to determine how assertive you are now * Roadblocks to assertiveness * Picking and planning your battles * The most effective way to ask for what you want -- and get it * Assertive confrontation: how to deal with issues instead of emotions

Book Information

Audio CD

Publisher: CareerTrack (June 1, 1994)

Language: English

ISBN-10: 1933328037

ISBN-13: 978-1933328034

Product Dimensions: 11.5 x 9.6 x 1.1 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars [See all reviews](#) (7 customer reviews)

Best Sellers Rank: #424,384 in Books (See Top 100 in Books) #44 in [Books > Books on CD >](#)

[Business > Investing](#) #123 in [Books > Books on CD > Business > Management](#) #296 in [Books > Books on CD > Business > General](#)

Customer Reviews

There is decent information in here, but it could probably be pared down to one CD instead of four. There's a lot of fluff in here and the speaker comes off as condescending. I'm hoping for the price there are better sets available. There are many "examples" that are low-budget reenactments of real world situations. I think these same points could have been made more effectively without the silliness.

I highly recommend this to anyone who has problems with conflict resolution at work. I am a technical person, and tend to shy away from conflict of any kind. This material is about how to stand your ground without being a jerk. It has helped me tremendously both personally and professionally.

I rated this a 4 star because I just finished listening to this and was impressed with the ideas and the

manner it was presented. I may come back and change my rating if I find I am able to really put this to work. I think of past situations that this might have helped turn out better, so I will have to see if I can really use it in my future.

[[ASIN:B000RZVKLQ Assertive Communication Skills for Professionals (Audio Workbook)] I teach a two hour assertiveness skills seminar and this is the best CD/program I have found. Carol Price knows what she is talking about. I have always said that assertiveness is a mind set as well as a skill set and I think Carol Price is excellent at not only showing why people are not assertive but how to get past their past non-assertive behavior and become more confident/assertive. Regards, Leroy Hamm

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